




























DRIVE SAFE AUSTRALIA

COURSE IN DEFENSIVE DRIVING

Course Code CDD1

TARGET AUDIENCE	All drivers regardless of age or experience using passenger, commercial or four wheel drive vehicles.
DURATION	7.5 hours
AIM	To improve participant knowledge and skills in driving passenger, commercial and four wheel drive vehicles under a range of conditions to reduce crashes, lower risk and vehicle running costs and be more aware of environmental issues that relate to driving. Course participants will receive a Statement of Attendance upon completion of the course.
CONTENT	<p>This course covers elements of National Competency TLIC3036A Through structured information and practical sessions the following areas will be covered:</p> <ul style="list-style-type: none"> Risks associated with day to day driving Common causes of road crashes The importance of conducting pre- drive vehicle checks. Important information relating to tyres and pressures to improve safety, fuel efficiency and tyre life Seating position, seat belts, air bags and general cabin safety Fatigue and journey management Speed awareness. Braking techniques and ABS Alcohol Causes of loss of vehicle control Employing a “system of car control” to prevent loss of control and improve mechanical sympathy Low risk driving and crash avoidance techniques Road law Overtaking Reversing Dealing with other drivers and avoiding conflict

LEARNING OUTCOMES

-  Understand the risks associated with driving and the statistics that support this.
-  Develop an awareness of how attitude and risk taking behaviour effect driver safety and the safety of others.
-  Understand the importance of pre-drive vehicle checks and how correct tyre pressures will effect safety, tyre life and fuel efficiency.
-  Understand the importance of seat belts, along with the securing of loads and the dangers of loose items.
-  Learn about the early warning signs of fatigue and how to avoid this serious problem.
-  Understand how alcohol affects drivers.
-  Through practical driving manoeuvres develop an awareness of stopping distances and speed. Particularly how the degree of difficulty increases exponentially in relation to actual speed.
-  Learn about the types and causes of skids and how to prevent rather than control these situations.
-  Through practical driving manoeuvres understand the importance of “hand to eye“ techniques when driving.
-  Develop ways to predict potential hazards, identify risk situations and minimise danger. Understand the importance of drivers keeping their vision up and maintaining “safety cushions”.
-  Develop understanding and knowledge in relation to road law and the way the law is interpreted.
-  Understand that there are strategies to combat frustration and impatience when driving.

LOGISTICS

This course is conducted from several permanent facilities operated by Drive Safe Australia in the metropolitan area.

This course can be conducted in most regional areas and on site depending on the availability of suitable facilities. The normal participant/trainer ratio is twelve to two.