




























## DEFENSIVE DRIVING DISCUSSION / LECTURE SESSION

Course Code CDD5

<b>TARGET AUDIENCE</b>	All drivers regardless of age or experience using passenger, commercial or four wheel drive vehicles.
<b>DURATION</b>	3.5 / 4 hours
<b>AIM</b>	<p>To improve participant knowledge and skills In driving passenger, commercial and four wheel drive vehicles under a range of conditions to reduce crashes, lower risk, vehicle running costs and be more aware of environmental issues that relate to driving. Course participants will receive a Statement of Attendance on completion of the course.</p>
<b>CONTENT</b>	<p>This course covers elements of National Competency TLIC107C A lecture / discussion session covering the following topics:</p> <ul style="list-style-type: none"><li> Risks associated with day to day driving</li><li> Common causes of road crashes</li><li> The importance of conducting pre- drive vehicle checks.</li><li> Important information relating to tyres and pressures to improve safety, fuel efficiency and tyre life</li><li> Seating position, seat belts, air bags and general cabin safety</li><li> Fatigue and journey management</li><li> Speed awareness. Braking techniques and ABS</li><li> Alcohol</li><li> Causes of loss of vehicle control</li><li> Employing a “system of car control” to <b>prevent</b> loss of control and improve mechanical sympathy</li><li> Low risk driving and crash avoidance techniques</li><li> Road law</li><li> Overtaking</li><li> Reversing</li><li> Dealing with other drivers and avoiding conflict</li></ul>

## LEARNING OUTCOMES

-  Understand the risks associated with driving and the statistics that support this.
-  Develop an awareness of how attitude and risk taking behaviour effect driver safety and the safety of others.
-  Understand the importance of pre-drive vehicle checks and how correct tyre pressures will effect safety, tyre life and fuel efficiency.
-  Understand the importance of seat belts, along with the securing of loads and the dangers of loose items.
-  Learn about the early warning signs of fatigue and how to avoid this serious problem.
-  Understand how alcohol affects drivers.
-  Learn about the types and causes of skids and how to prevent rather than control these situations.
-  Develop ways to predict potential hazards, identify risk situations and minimise danger. Understand the importance of drivers keeping their vision up and maintaining “safety cushions”.
-  Develop understanding and knowledge in relation to road law and the way the law is interpreted.
-  Understand that there are strategies to combat frustration and impatience when driving.

## LOGISTICS

This course is commonly conducted from the client's premises and does not include any driving. Depending on the location and group size, a seating position demonstration and basic pre-drive inspection can be included. Group sizes are flexible.